



		Monday	Tuesday	Wednesday	Thursday	Friday
		05/03	06/03	07/03	08/03	09/03
Lunch	HOT	Roasted Roots vegetables	Garden Peas	Broccoli	Mixed Steamed Vegetables	Mixed Steamed Vegetables
		Roasted Potato Wedge	Mashed Potato	Noodles	Spaghetti	Basmati Rice
		D E G H V	D E G H V	D E G H V	D E G H V	D E G H V
	Breaded Fish	Beef and Chicken Sausages	Chicken and Mixed Vegetables on Black Bean Sauce	Roasted Vegetables and Pulled Chicken on Tomato and Cream Sauce	Chili Con Carne	
	D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	
	Vegetarian	Vegetables Cornish Pasty	Vegetarian Sausage	Stir Fried Vegetables	Roasted Vegetables on Tomato and Cream Sauce	Chickpeas (chili con carne style)
D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	
Dessert	Apple Pie with Custard	Yogurt with Berries	Whole Fruit	Fruit Salad	Rice Pudding	
D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	



For any questions, suggestions, or complains, please contact the chef:

junior@jplcatering.co.uk
 07966380868
 www.jplcatering.co.uk



Please note this menu is subject to changes due to unforeseen circumstances.

If you have any food allergy, please speak with a member of the catering team. Thank you!

D = DAIRY FREE | E = EGG FREE | G = GLUTEN FREE | H = HALAL | V = VEGETARIAN
 ALL THE FOOD IS NUT FREE AND THE KITCHENS ARE A NUT FREE ENVIRONMENT



		Monday	Tuesday	Wednesday	Thursday	Friday
		12/03	13/03	14/03	15/03	16/03
Lunch	HOT	Garden Peas	Mixed Leaves	Sweet Corn	Mixed Steamed Vegetables	Garden Peas
		Carrot Rice	Mixed Steamed Vegetables	Carrots Sticks	Garlic Bread	Roasted Potato Wedge
		D E G H V	D E G H V	D E G H V	D E G H V	D E G H V
		Boneless Chicken Thighs Curry	Beef Biryani	Gourmet Veggie Booster Pizza	Beef Lasagne	Fish Burger
		D E G H V	D E G H V	D E G H V	D E G H V	D E G H V
	Vegetarian	Sweet Potato and Chickpea Curry	Lentils Biryani	n/a	Vegetarian Lasagne	Vegetarian Burger
		D E G H V	D E G H V	D E G H V	D E G H V	D E G H V
	Dessert	Whole Fruit	Jelly with Peach	Whole Fruit	Fruit Plater	Apple Crumble with custard
		D E G H V	D E G H V	D E G H V	D E G H V	D E G H V



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		Monday	Tuesday	Wednesday	Thursday	Friday	
		19/03	20/03	21/03	22/03	23/03	
Lunch	HOT	Garden Peas	Coleslaw	Broccoli	Garden Peas	Mixed Steamed Vegetables	
		Noodles	Baked Beans/ Butter/ Cheese	Steamed Potatoes with Herbs		Roasted Potato Wedge	
		<div style="display: flex; justify-content: space-between;"> DEGHV DEGHV DEGHV DEGHV DEGHV </div>		Asian chicken with Stir Fried Vegetables	Baked Potato	Beef Cornish Pie	Baked pasta with Roasted Chicken and Broccolis on White Sauce
	<div style="display: flex; justify-content: space-between;"> DEGHV DEGHV DEGHV DEGHV DEGHV </div>		Stirred Fried Vegetables with Chickpeas	n/a	Lentils and Mixed Vegetables Cornish Pie	Vegetarian Baked Pasta	Cheese and Tomato Quiche
	<div style="display: flex; justify-content: space-between;"> DEGHV DEGHV DEGHV DEGHV DEGHV </div>		Whole Fruit	Yogurt with Peach	Whole Fruit	Fruit Salad	Rice Pudding
<div style="display: flex; justify-content: space-between;"> DEGHV DEGHV DEGHV DEGHV DEGHV </div>							



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		Monday	Tuesday	Wednesday	Thursday	Friday
		26/03	27/03	28/03	29/03	30/03
Lunch	HOT	Garden Peas	Coleslaw	Coleslaw/ Lettuce and Tomato	Mixed Steamed Vegetables	
		Basmati Rice	Wraps	Roasted Potato Wedges	Spaghetti	
		D E G H V	D E G H V	D E G H V	D E G H V	D E G H V
		Chicken with Pumpkin and Coconut Sauce	Chicken Fajitas	4oz Fresh Made Beef Burger	Beef and Chicken Sausage on Tomato sauce with Basil	
		D E G H V	D E G H V	D E G H V	D E G H V	D E G H V
Vegetarian	Lentils Stew	Mixed Vegetables Fajitas with Red Kidney Beans	Vegetarian Burger	Veggie Booster Sauce		
	D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	
Dessert	Whole Fruit	Yogurt with Peach	Rice Pudding	Whole Fruit		
	D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	



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